

## Your Eco-Friendly Moving Checklist

### 8 weeks before:

- Begin your search for moving companies or rental trucks.
- Stock up on moving essentials like boxes and packing tape.
  - Consider eco-friendly options like reusable bins or sourcing free boxes.
- Start the decluttering process and pack items you won't need immediately.
- Donate, sell or recycle items you no longer need.
- Contact your local waste management company or environmental agency if you need to dispose of hazardous waste (e.g., chemicals/batteries).
- Keep an inventory of all the items you're moving to your new home.

### 6 weeks before:

- Start emptying your pantry, cupboards and freezer to limit moving perishables.
- Have a yard sale to get rid of any remaining unwanted items.

### 4 weeks before:

- Update your address, transfer utilities and confirm your moving help.
- Check for employer relocation reimbursements/tax deductions (if applicable).
- Book your movers. Opt for weekday and/or mid-month moves to save money.

### 2 weeks before:

- Arrange for childcare or pet sitting while items are being moved.
- Have a backup plan for delayed movers, like securing a rental truck.
- Make sure your insurance policies reflect your new address.
  - Check for any necessary updates to premiums, coverage and coverage amounts.
- Reach out to utility providers, and consider going paperless and opting in to auto pay.

### 1 week before:

- Double-check arrangements with your movers or rental service.
  - Make sure the parking situation is secured.

### Moving day tips:

- Take pictures of the property (especially if you're leaving a rental), and make sure the place is secure before you leave.
- Move fragile items yourself, and protect items with plastic covers if bad weather hits.
- Remember to tip your movers generously whether via cash or food.

### After the move:

- Prioritize unpacking essential rooms first, and recycle packing materials as you go to reduce waste.
- Notify banks and credit card companies of your change of address.
- Update subscriptions like streaming services, meal kits and online retailers.
- If you have a pet, update records with their veterinarian and microchip service.

Happy moving! Remember, every step you take toward a greener move is a step toward a healthier planet.