

## Your Eco-Friendly Moving Checklist

### 8 weeks before:

- ☐ Begin your search for moving companies or rental trucks.
- ☐ Stock up on moving essentials like boxes and packing tape.
  - Consider eco-friendly options like reusable bins or sourcing free boxes.
- ☐ Start the decluttering process and pack items you won't need immediately.
- ☐ Donate, sell or recycle items you no longer need.
- ☐ Contact your local waste management company or environmental agency if you need to dispose of hazardous waste (e.g., chemicals/batteries).
- ☐ Keep an inventory of all the items you're moving to your new home.

### 6 weeks before:

- ☐ Start emptying your pantry, cupboards and freezer to limit moving perishables.
- ☐ Have a yard sale to get rid of any remaining unwanted items.

### 4 weeks before:

- ☐ Update your address, transfer utilities and confirm your moving help.
- ☐ Check for employer relocation reimbursements/tax deductions (if applicable).
- ☐ Book your movers. Opt for weekday and/or mid-month moves to save money.

### 2 weeks before:

- ☐ Arrange for childcare or pet sitting while items are being moved.
- ☐ Have a backup plan for delayed movers, like securing a rental truck.
- ☐ Make sure your insurance policies reflect your new address.
  - Check for any necessary updates to premiums, coverage and coverage amounts.
- ☐ Reach out to utility providers, and consider going paperless and opting in to auto pay.

### 1 week before:

- ☐ Double-check arrangements with your movers or rental service.
  - Make sure the parking situation is secured.

### Moving day tips:

- ☐ Take pictures of the property (especially if you're leaving a rental), and make sure the place is secure before you leave.
- ☐ Move fragile items yourself, and protect items with plastic covers if bad weather hits.
- ☐ Remember to tip your movers generously whether via cash or food.

### After the move:

- ☐ Prioritize unpacking essential rooms first, and recycle packing materials as you go to reduce waste.
- ☐ Notify banks and credit card companies of your change of address.
- ☐ Update subscriptions like streaming services, meal kits and online retailers.
- ☐ If you have a pet, update records with their veterinarian and microchip service.

Happy moving! Remember, every step you take toward a greener move is a step toward a healthier planet.